

# SIGN UP NOW FOR CROSS COUNTRY

## 2011 St. Ursula Cross Country

Monday 8-01-11	Practice St. Ursula Field 6:00pm to 7:15pm
Wednesday 8-03-11	Practice St. Ursula Field 6:00pm to 7:15pm
Sat 8-6-11	Practice Hartwood Acres (Middle Road) 9:00a.m. to 10:15 a.m.
Monday 8-8-11	Practice St. Ursula Field 6:00pm to 7:15pm
Wednesday 8-10-11	Practice St. Ursula Field 6:00pm to 7:15pm
Sat 8-13-11	Practice Hartwood Acres Middle Road) 9:00 a.m. to 10:15 a.m.
Monday 8-15-11	Practice St. Ursula Field 6:00pm to 7:15pm
Wednesday 8-17-11	Practice St. Ursula Field 6:00pm to 7:15pm
Sat 8-20-11	Practice Hartwood Acres (Middle Road) 9:00am to 10:15am
Monday 8-22-11	Practice St. Ursula Field 6:00pm to 7:15pm
Wednesday 8-24-11	Practice St. Ursula Field 6:00pm to 7:15pm
Sat 8-27-11	Practice Hartwood Acres 9:00am to 10:15am
Monday 8-29-11	Practice @ St. Ursula 6:00pm to 7:15pm
Wednesday 8-31-11	Away meet @ St. Alexis w/ St Alphonsus
Friday 9-02-11	Away meet @ St. Mary's w/St. Sebastians
Monday 9-5-11	Labor Day NO SCHOOL NO PRACTICE
Wednesday 9-07-11	Away meet @ St. Theresa w/ St. Al's & St. Killians
Sat 9-10-11	Practice St. Ursula 9:00am to 10:15am (Polo Match is at Hartwood)
Monday 9-12-11	Practice @ St. Ursula 6:00pm to 7:15pm
Wednesday 9-14-11	Away meet @ St. Killian's w/ Butler cath./CDTCA/St. Greg's
Saturday 9-17-11	Slippery Rock Invitational (Cooper's Rock)
Monday 9-19-11	Practice @ St. Ursula 6:00pm to 7:15pm
Wednesday 9-21-11	Away meet @ St. Alphonsus w/CDTCA/St. Killians
Friday 9-23-11	Dorseyville Middle School Invitational @ Hartwood Acres
Monday 9-26-11	Away @ St. Gregory w/ St Mary's
Wednesday 9-28-11	Practice St. Ursula 6:00pm to 7:15pm
Friday 9-30-11	AWAY Meet @ St. Assumption w/ St. Alexis
Monday 10-3-11	AWAY Meet @ Alpha w/ St. Sebastians
Wednesday 10-5-11	Practice St. Ursula 6:00pm to 7:15pm
Saturday 10-8-11	Practice Hartwood Acres 9:00am to 10:15am
Monday 10-10-11	Practice St. Ursula 6:00pm to 7:15pm
Wednesday 10-12-11	Practice St. Ursula 6:00pm to 7:15pm
Sat 10-15-11	CHAMPIONSHIPS Cooper's Rock